

> 10

Daddy day care



> 18

Remember remember



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Some like it hot



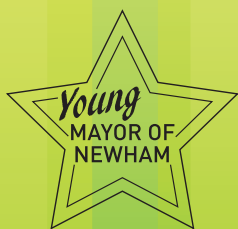
thenewhammag

issue 207 // 29 October-12 November 2010



Make your mark

11-17? Vote for your Young Mayor (p12)



YOUNG MAYOR 2021

www.newham.gov.uk/youngmayor



YOUR VOTE COUNTS
Final election: 3 - 4 November

contents

29 October 2010 // **issue 207**



In this issue we're talking family. We hear from two dads who have improved their parenting skills with the free Triple P Parenting Programme (p10) while we launch new sports and leisure sessions for young people with disabilities (p8). Why not get your brood

together for a great free event on 5 November, as we light up the sky this Guy Fawkes night (p18).

Read on to find out more.

Cllr Riaz Mirza

Executive member for safeguarding and corporate parenting

Don't forget – If you live in East Ham, Royal Docks, Forest Gate or Custom House and Canning Town community forum areas, look inside for local news and events in In Focus.

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ADVERTISING: Julie Madell 07890 529 090

PRINT/REPROGRAPHICS: Woodford Litho Ltd

DISTRIBUTION: Letterbox distribution



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To request a large print version of the Newham Mag call 020 3373 1517 or email newham.mag@newham.gov.uk

IN BRIEF //

Betting shop bid turfed out

Councillors have thrown out a bid for a new betting shop in East Ham because of fears it could contribute to crime and anti-social behaviour in the area.

Members of the Licensing (2003 Act) Sub-committee turned down an application for a premises licence that would enable Done Brothers (Cash Betting) Ltd, trading as Betfred, to open in High Street North.

The applicants can appeal to local magistrates to overturn the decision of the committee.

College campus plan supported

Plans to construct a purpose built college campus for Birkbeck University of London and its partners in Stratford have been supported by Newham councillors.

The five-storey building set for Great Eastern Road and Salway Road will provide teaching and office space for up to 1,600 students not only from Birkbeck, but also from the University of East London and Newham Sixth Form College.

The London Thames Gateway Development Corporation have final say over planning permission.

Craft makers and traders wanted for courtyard Christmas market

This December, the Old Town Hall in Stratford is hosting a Christmas market and is looking for craft makers and traders to join them. Held every Saturday in December from 10am to 5pm, the market is an ideal showcase for ceramicists, silversmiths, fashion designers or any trader who works in the cottage industry and produces goods that would fit into a Christmas market theme.

A pitch price is payable and space is allocated on a first come, first served basis subject to a vetting process.

For more information email alison.davenport@newham.gov.uk or call 0779 1291 685.

Tragic police officer saluted

Newham's deputy mayor Councillor Andrew Baikie joined Prime Minister David Cameron and film director Michael Winner in saluting a brave police officer who died in the line of duty.

They placed flowers at a stone memorial unveiled by The Police Memorial Trust in Ashlin Road, Stratford, where Pc Gary Toms was fatally injured in April last year.

Pc Toms, 37, a member of New Scotland Yard's CO19 firearms unit, suffered serious head injuries while attempting to confront suspected robbers.

Councillor Baikie said: "Pc Toms was doing his job with courage and dedication and his bravery and commitment will be remembered. We support the creation of this memorial and our thoughts remain with Pc Toms' family, friends and colleagues for their loss."

The Trust, founded by Mr Winner, has previously erected a memorial in Stratford in memory of Pc Nina Mackay who died in 1997.



Cllr Baikie lays flowers at the memorial



Pc Toms

Places of worship inspire young



Cllrs Peppiatt and Kellaway present prizes

Newham's religious diversity was celebrated with a display of children's art inspired by the borough's Visit a Place of Worship event.

In March churches, mosques, gurdwaras, viharas and temples opened their doors to

young people to give them an insight into the many faiths practised in the borough.

Sculptures and designs, stories, art work, pictures and photographs that illustrated the children's experiences and explained what they had learned from their visits, went on display at the Credon Centre in Plaistow.

Councillors Quintin Peppiatt and Alec Kellaway awarded prizes to pupils who took part. Cllr Peppiatt said: "Visit a Place of Worship celebrates Newham's commitment to recognising diversity as well as bringing young people together."

The event was organised by the council and the Standing Advisory Council on Religious Education, which assists schools on worship and religious education.



News

Service centre improvements welcomed



The Local Service Centre in Barking Road, East Ham, has reopened following refurbishments that have made the venue more user-friendly for residents.

Newer, more comfortable chairs have been installed along with upgraded telephones. The centre is now far brighter, more up-to-date and more accessible for disabled people.

Councillor Andrew Baikie, executive member for housing and customer service, said: "We do our best to ensure that visitors to our Local Service Centres and libraries have the most comfortable, friendly and convenient surroundings we can provide."

For details of Local Service Centres and for information on all council services visit www.newham.gov.uk or call 020 8430 2000.

Call for German rail link to Stratford

Mayor Sir Robin Wales was joined by prominent East End business leaders in calling for Deutsche Bahn trains to stop at Stratford International Station.

The German train operator paraded one of its inter-city fleet at St Pancras Station as it announced its intention to run direct services from London to Frankfurt and Amsterdam from 2013.

Sir Robin said: "There is already an economic case for international services to be run from Stratford International from 2012. It will be a travesty if we have a £210m facility that's international in name only."

Sir Robin's call was echoed by ExCeL chief executive Kevin Murphy, East London Business Alliance chief executive Liam Kane and Canary Wharf Group Plc Strategic Advisor Howard Dawber.



Newham remembers the fallen

Newham Council representatives will attend Remembrance Sunday services on 14 November in honour of those who died in conflict.

Mayor Sir Robin Wales will be at All Saints Parish Church in Church Road, West Ham, for a service from 10.40am. He said: "Thousands of men and women from around the UK put their lives at risk to fight for their country's causes. We must never forget what they have done for us."

Deputy Mayor Cllr Andrew Baikie will attend the cenotaph in Central Park, High Street South, East Ham. A parade will assemble at Newham Town Hall in Barking Road before marching to the park at 10.35am.

Chair of the council Cllr Amarjit Singh will attend St Luke's Memorial in Tarling Road, Canning Town, for a service at 10.30am. Deputy chair of the council Cllr Michael Nicholas will be at the St Mark's Memorial in Factory Road, North Woolwich. A parade will leave the Royal British Legion building in Constance Street at 10.30am.

Newham Council will also mark Armistice Day on Thursday 11 November in East Ham's Central Park. People are invited to join councillors, representatives from the Royal British Legion and local schools at 10.45am.

Full details of Remembrance events can be found at www.newham.gov.uk/remembrance



Working hard to protect us all

So now we know that local government has taken a huge hit in the coalition government's comprehensive spending review.

We know this is the biggest spending cut since the end of the Second World War, but it is news Newham was expecting and has been preparing for.

We won't know the full impact on the council's finances until after we are told in December what government grants we can expect to receive. What it does mean though is that it will be increasingly difficult to provide valued services to residents.

We're already working hard to protect those on low incomes from the effects of the recession. We have redirected funds into measures that tackle poverty and transform lives for the better.

"We will continue to provide services that are of real benefit to residents because that is the right thing to do"

We're continuing to fund free school meals for primary pupils and free swims. Workplace, our one-stop shop employment service, continues to go from strength to strength. We will make sure this good work is not undone by the cuts.

I support the principle of reducing the public deficit, but, like many, I am

concerned at the speed of the cuts and possible damage to the economy.

Some of the government's changes will hit working families on not much pay, the ones who are doing their best to provide for their children under difficult circumstances. Others are likely to squeeze residents out of central London into more affordable areas like Newham. That is why I will continue to lobby to get the best deal

for Newham that I can.

We will continue to provide services that are of real benefit to residents because that is the right thing to do. There will be cuts that we will be forced to make, but rest assured I will do everything to safeguard vulnerable and elderly residents, ensure the best start in life for youngsters and protect the services that matter most to all of us.



Mayor's view

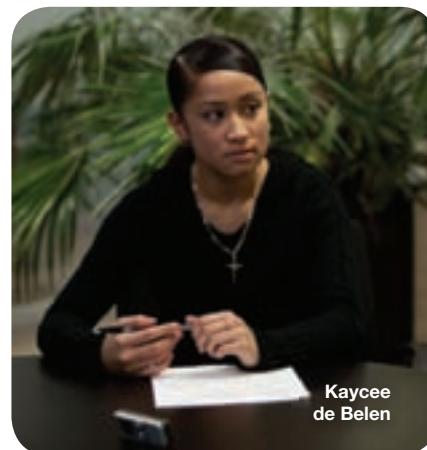
Young deserve Games chance

I'm right behind our Young Mayor Kaycee de Belen who wants Olympic bosses to increase the number of free tickets that have been made available to children and schools.

Newham's youngsters are rightly excited about the Games coming to their doorstep and as far as I'm concerned, all 50,000 of them in our schools deserve to go.

Young people have high expectations that the Games will deliver new and exciting opportunities for them, including learning new skills, volunteering and taking part in sport.

Kaycee wants Olympic chiefs to work closely with local people to make sure London hosts a Games young people are a part of and that they can be proud of. You cannot argue with that.



Salute to a hero



I was deeply saddened to hear of the death of Battle of Britain fighter pilot Squadron Leader Mohinder Singh Puji at the age of 92.

Mohinder was the only Sikh member of the RAF allowed to fly wearing his turban. When he moved to Newham following his retirement he played an active role in our community, resulting in him receiving

freedom of the borough ten years ago.

He was a humble man and modest about his achievements. As we approach Remembrance Sunday we should take time to reflect on what he and others did, and continue to do, in defending the causes and freedoms we all enjoy.

Celebration to be enjoyed

I am proud to be Mayor of the most culturally diverse community in the country and I am pleased that we can all play a part in and appreciate the celebrations taking place for Diwali.

Diwali is a wonderful festival. Family takes centre stage and it's a time for reflection about what has been achieved in the past and ambitions and hopes for the future.

The message of Diwali is that good will overcome evil, light will triumph over darkness, and knowledge will succeed over ignorance. I send best wishes to all those celebrating at this special time.

It's also traditionally marked with fireworks and I hope to see as many of you as possible on Friday 5 November for our annual free display.

Turn to page 18 for full details of Guy Fawkes night.



with Sir Robin Wales

Be inspired, get involved

Activities for young residents with a disability

Newham is unique for many reasons but one standout fact is our young population. Executive member for equalities and social inclusion, Councillor Neil Wilson, said: "Providing facilities and activities for all spectrums of our diverse community is something we pride ourselves on." If you're a young person with a disability of any kind, the council and its leisure provider, GLL, have started free regular activity sessions, whatever your ability, for you to enjoy independently or with your family or carer.

**Free trampoline sessions, Fridays, 4-8pm; Saturdays, 12.30-2.30pm
Newham Leisure Centre, E13**

Specialist equipment is available to make the session accessible to anyone with a disability or special need. One-to-one trampoline coaching to stretch muscles and improve movement is available to families and carers who are encouraged to join in.

Free multi sports sessions, Fridays, 4-8pm, Newham Leisure Centre

Head to Newham Leisure Centre and welcome in the weekend by getting active. Supervised multi sport play sessions offer basketball, badminton, ten pin bowling, short tennis and a bouncy castle. Siblings are welcome to join in.

Free exercise to music, 12.30-2.30pm, Newham Leisure Centre

A series of half-hour sessions of soft play exercise to music. A qualified coach will be on hand to help with stretching and movement.

£5 family swim, Sundays, 12.30-2pm, Balaam Leisure Centre

Splash out on a bargain family swim at Balaam Leisure Centre. Children, young people and their parents or carers can take a dip and get

swimming tips and guidance. Swim safety rules apply – ask the centre for details if you are a non-swimmer.

Mighty Mega Sounds, Discover, Saturdays, 11am-1pm, booking essential

This free session is open to any Newham child with a disability aged between five and 11 years, their siblings and parents or carer. Be prepared to create some Mighty Mega Sounds at Discover and enjoy singing, dancing and movement, in addition to craft activities with professional musicians, artists and sound engineers.

Discover is at 383-387 High Street, E15. To book your place or for more information call 020 8536 5555.

Want to know more?

Call Newham Leisure Centre, Prince Regent Lane, E13, on 020 7511 4477; or Balaam Leisure Centre, Balaam Street, E13, on 020 7476 5274.

You must be a leisure centre member to attend listed sessions at these venues, drop in to sign up.

For information about other activities for people with disabilities turn to page 37.



GET YOUR HOME READY NOW FOR THE WINTER



To book your FREE home assessment call our approved contractor

ARAN INSULATION
0800 587 7795

(please quote Newham Council)

or apply on-line at
www.londonwarmzones.co.uk

Making sure your home is well-insulated can save you up to £265* a year on your fuel bills, as well as keep you nice and warm.

London Warm Zone is a not-for-profit organisation working in partnership with Newham Council to help homeowners and tenants renting from a private landlord with home insulation improvements.

FREE loft and cavity wall insulation if you:

- are aged over 60 years and are either retired or not in paid employment
- are in receipt of income or disability benefits
- have children under 16 years and your annual income is below £25,000

Discounted installation costs from only £199 for all other residents.

All insulation work and costs are subject to survey, funding and eligibility criteria. All work is carried out to industry standards and approved contractors are monitored for quality and customer care.

We make it easy for you with a free home assessment to check if your home's insulation could be improved. Call us now so your home is ready for this winter.

* Estimated saving of £265 a year is for a three bed semi-detached, gas heated property with full loft and cavity wall insulation installed.

warmzone
working together for warm homes in London



in partnership with

Newham London

Newham London

Primary Teacher Taster Event

Are you considering a career in primary teaching? Are you a graduate holding a BA, BSc or a similar degree at class 2:2 or above? Then come and find out about school-based training opportunities in Newham.

SCITTELS is a School-Centred Initial Teacher Training provider based right here in East London. We are a group of over 25 nursery and primary schools in Newham that combine to provide a top quality Graduate Teacher Programme (GTP) and a Professional Graduate (PGCE) course.

The GTP is an employment-based route into teaching and is most suitable for those who already have considerable school/teaching experience.

The PGCE is a one year, full time course which allows greater balance between lecture and school-based sessions.

To find out more, why not attend our next 'Information Event.' It is free of charge, but you must apply for a place.

Date of event: Tuesday 23rd November, 2010
From: 2.30 - 6.00pm
Closing date for registration: Thursday 18th November

To download a registration form go to: www.teachnewham.co.uk or for further information contact Sarah Bartley: RSM@newham.gov.uk

Visit our web site: www.scittels.co.uk OR the GTTR web site: www.gttr.ac.uk

The schools in this authority are committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

Top class parents Gaius (l) with Javed



For the past three years, Newham Council has been running the Triple P (Positive Parenting Programme). For parents of kids aged from two to 16, this free scheme helps mums and dads be the best parent they can be as they support their young ones on their journey to adulthood.

TOP CLASS PARENTING

All parents struggle from time to time with the challenges of bringing up their children. Triple P is not about telling mums and dads how to bring up their children. Instead it focuses on giving parents the space and strategies that will encourage their children to develop the important skills they need for life.

More dads than ever are becoming involved with the programme and there's no doubt how important a role fathers play in their children's lives. Just how much they matter is supported by a growing body of research. This shows that being a good dad helps children achieve better relationships with their friends and have higher self-esteem.

The *Newham Mag* caught up with two recent dad graduates from the programme to find out how it benefited them and their children.

JAVED RIAZ'S STORY

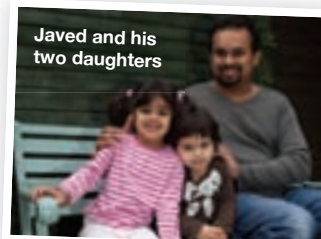
"I learnt the hard way when I had my first born. We were sending him mixed messages; mum would be saying something

different to me and he was getting confused and misbehaving. I didn't realise this was happening.

"My eldest also lacked confidence so he needed someone to spend quality time with him and do things together. The idea was to get him into activities where he was stimulated and could grow in confidence.

"My Triple P course was held at Gainsborough Primary School every Monday for a couple of months. We'd do role play and get into pairs, talk about how we'd set the rules and deal with things in different scenarios, as well as watch DVDs. Talking to other people in the group also gave me ideas.

"This year has been a change for me. My children are now much calmer and better behaved and my son's definitely grown in confidence. It has worked."



GAIUS LEWIS' STORY

"My partner went on Triple P before me and she told me when she'd finished: 'You are attending this course!'

"My main concern was my daughter who didn't have much patience especially when it came to her homework. She would cry and she didn't want to read or learn her letters so I needed to be very patient and spend more time with her.

"I went to group sessions at Essex Primary School. It's really good and it helped me in all areas of positive parenting such as patience when dealing with my children, coming down to eye level to talk to them and listening attentively.

"You get to talk to the other parents in the group and correspond with them about how things are going. If you have any problems along the way, you can find out how the other parents tackled them. It's a real support network.

"You also get a work book. I occasionally flip through it if I'm stuck somewhere in a particular situation with my daughter; there's always something in there.

"My daughter's much more engaged with school now, before she would cry but now she's really keen to know more and more.

"I've already recommended the scheme to two other parents and would encourage all mums and dads to go."

The Triple P programme is free and runs in schools, children's centres and libraries across Newham, for mums and dads of two to 16-year-olds.

To find out more and join the scheme call **020 3373 9886** or email **triplep@newham.gov.uk**

You can also get help at home from a range of Triple P DVDs and workbooks available from all Newham libraries. Turn to page 36 for full library listings.



Me for Young Mayor!

On Thursday 4 November one of these teens will become the fourth Young Mayor of Newham. Who that person is will be decided by every 11 to 17-year-old who lives, works or studies in the borough. Here's a flavour of what each of our 15 passionate candidates have to offer. You can read their manifestos in full or watch them online by visiting www.newham.gov.uk/youngmayor Make a difference and use your vote in the upcoming elections.

ALI MOHAMED



I am a young, self-motivated individual who believes that together we can make a difference.

As a leader and a potential role model, I strongly feel that I can be the perfect influence to Newham's young people. I deeply approve of making Newham brighter and safer and to create diversity within ourselves. So we're not separated by colours or numbers, because remember, we are us – not I, we are one – not alone but together.

ANGELICA LUKAUSKAS



I want to address:

- > postcode wars
- > stereotypes
- > education.

I have real experience of the effects of postcode wars and know the fear it can cause.

Most young people are labelled as criminals in the making. I don't see why people should label you before they know you.

Education is important but in Newham it is just not good enough, especially when it comes to colleges.

ANISHA VARSANI



By introducing more sports clubs and a variety of workshops for young people, we would keep people from resorting to crime and become more sociable within the community.

My priorities are:

- > to introduce workshops and clubs that you want
- > to make Newham a connected borough
- > to encourage cleaner and greener streets in Newham.

We should become one community; only then, with each other's support, can we make Newham a better place.

BEVERLEY NKETIA



Talent is described as a special, natural ability and as a whole, Newham has loads. I don't see the hard façade some of the juvenile delinquents put on; instead I recognise their untapped talent. I want to help Newham help itself by building



on undiscovered strengths. My favourite quote is 'our greatest fear is that we are powerful beyond measure.'

CHLOE BARRY



I want to stop the stereotype that all young people are delinquents – just because of my age doesn't mean I'm badly behaved. We just need more to do during the week; youth clubs need to offer more activities.

Some young people are turning to violence and crime. Why should everyone else have to suffer? We deserve to be able to focus on our education without being scared.

CLINTON AJAYI



Have you ever been late to school and it wasn't your fault? It might have been due to transport. I want to make sure TfL increase the reliability of transport for the young people of Newham.

I also want to tackle bullying – have you ever been bullied because of your colour, personality or the people you hang around with? I want to decrease bullying by having popular figures in your school acting as peer mediators.

DIMPLE HIRANI



I will project young people's voices so they are heard. My priorities are:
> recycling – get separate dustbins

- > raise awareness of drug abuse
- > reduce the crime rate.

I believe that when people don't get the help they need they turn to the wrong things such as drugs and crime. I needed support in the past and didn't get it. With the help of your votes, we can achieve greater opportunities and make the changes which must be made.

GLEN TOONGA



Our generation is full of potential and possibility; qualities that as a young person within Newham, I have witnessed. As Young

Mayor I would enable you to explore your talent and potential, exercise your right to speech and action, and be open to new opportunities and experience. Change is a stand but a vote for me is a guaranteed step to improvement within Newham.

JASMIN JOSEPH



I'm here to make Newham yours; a place of comfort, a safer and a happier environment for you to live in.

My priorities will be:

- > to tackle gun and knife crime
- > to change views people have about young people
- > to help make Newham a united borough.

Every decision, every move I make, I make for you – young people; change doesn't happen in a day, it's about progress, but if you elect me as Young Mayor I believe I can make that change possible.

KHADEEJA PATEL



I'm genuinely passionate and enthusiastic but they're not the only reasons to vote for me.

As Young Mayor, I aim to:

- > encourage healthier lifestyles, for example, free fruit Fridays, once a month
- > give young people a vital role in the forthcoming Olympic Games
- > stop the stereotypes of young people by us contributing positively to the environment and community.

I need your votes to do this. Make me your first choice.



KHADIJA BEGUM



If elected as your next Young Mayor, I will prioritise the following:

- > work on ways to keep young people away from anti-social behaviour
- > creating a stronger anti-gun and knife crime campaign
- > encouraging young people to stay in education, even after completing secondary school
- > making the parks in Newham more appealing to young people
- > public displays of young people's artwork.

MARIA BOOTH



My aims are:

- > to create a place where we are able to let out anything; thoughts, dreams and feelings on what I'd like to call 'the youth wall' – not a graffiti wall
- > to make us more a part of the world by introducing recycling bins in the streets and to have regular bins closer together
- > to portray ourselves in the media by making a 'youth forum' where we share how we perceive ourselves and the misconceptions we get from adults
- > a wider variety of vocational courses.

NABI OSEI



Authoritative, truthful and responsible; these are the three qualities which I believe make me worthy of Young Mayor. Not only

would I listen but I would be an honest voice for the students and put their ideas first. I believe that I can break the stereotypes and conventions of a teenager, because I am very passionate about leadership and will make your views my priority. With determination, motivation and leadership, I believe I can make Newham a place where students, parents and teachers want to be.

PRASHANTA RAY



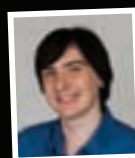
I want our borough to soar above the others and for it to have the best opportunities available, such as young people being

able to organise events and concerts.

I think that in life, education is vital because that is how you become successful. My main focus is to encourage education and extra-curricular activities.

Your vote is for an improved Newham!

SAMUEL BARLEY



You are amazing; never let anyone tell you anything else. In a time when young people are seen as a menace, I want to

pioneer the glory of youth. I want to show Newham the amazing young people who live here.

Let's have showcases of talent.

Let's smash the stereotype.

But most importantly, let's do it together.

If people don't listen - we'll have to shout it louder! I'm here for Newham, I'm here for equality and I'm here for you!

WHO'S YOUR FAVOURITE FOR YOUNG MAYOR?

If you're aged 11 to 17 make sure you make your mark and vote for your favourite candidate. Elections will be held on 3 and 4 November, with voting taking place at all schools, colleges and Connexions centres in Newham. The result will be announced on Thursday 4 November. Visit the website to see if your favourite made it to mayor or read the next issue of the *Newham Mag* for full election results.
YOUR VOTE COUNTS!



Winter Active Centres

Aged 50 or over? Come and make new friends, keep active and learn something new at Newham's Winter Active Centres.

Go along to a Winter Active Centre near you and enjoy FREE entertainment

- Disco dancing
- Dressmaking **NEW**
- New Age Kurling
- Wii League
- BIG Bingo!
- Healthy eating and nutrition **NEW**
- Planting and growing
- Flower arranging **NEW**
- Cake decorating **NEW**
- Get online! **NEW**
- Trace your family tree **NEW**
- Tea dances
- Refreshments
- and lots more!

Available to Newham residents only. For further information please call **020 3373 4830** or visit **www.newham.gov.uk/activecentres**

Ascension Centre

Baxter Road
Custom House E16 2PB
020 7511 1232
Tuesdays and Thursdays
10.30am - 1.30pm

Beckton Community Centre

14 East Ham Manor Way
Beckton E6 5NG
020 7511 1214
Mondays 10am - 4.30pm
Tuesdays 10.30am - 4pm
Wednesdays and Thursdays
10am - 3.30pm
Fridays 10 - 11am

Bryant Street Methodist Church

Bryant Street
Stratford E15 4RU
020 8534 0085
Mondays 10am - 3pm

Chandos Community Centre

Colegrave Road
Stratford E15 1DZ
020 8534 0140
Mondays 11am - 2pm

Chatsworth Community Resource Centre

4 Chatsworth Road
Stratford E15 1RE
020 8555 4477
Wednesdays 12noon - 3pm (second and forth Wednesday of the month)
Drop-in café available weekdays
10am - 3pm

Community Road Centre

Community Road
Stratford E15 1JT
020 8534 0664
Wednesdays 12noon - 4pm

Cundy Community Centre

Hartington Road
Custom House E16 3NP
020 7474 6056
Mondays 12pm - 3.30pm
Tuesdays and Thursdays 1pm - 3pm
Wednesdays 12.30 - 3.30pm
Sundays 7 - 10.30pm

Field Community Centre

147 Station Road
Forest Gate E7 OAE
020 8536 2800
Tuesdays 10.30am - 5pm
Wednesdays 9.30am - 4pm
Fridays 10.30 - 11.15am

Granwell Community Centre

97 Whitwell Road
Plaistow E13 8DA
020 7474 5930
Thursdays 12 - 4pm
Sundays 7 - 10pm

Grassroots

Memorial Park
West Ham E15 3DB
020 7474 6376
Tuesdays 9.30am - 12noon

Hathaway Community Centre

Hathaway Crescent
Manor Park E12 6LR
020 8548 4980
Thursdays 11.30am - 3pm

Hibiscus Community Centre

Buckingham Road
Stratford E15 1SP
020 8519 6159
Tuesdays and Thursdays
11am - 3.30pm

Hoskins Community Centre

108 Hoskins Close
Canning Town E16 3RU
020 7511 1860
Mondays 12.30 - 2.30pm

Jack Cornwell Centre

Jack Cornwell Street
Manor Park E12 5NN
020 8553 3459
Wednesdays 10am - 1pm

Jeyes Community Centre

James Close
Plaistow E13 9BB
020 8471 5856 or 020 8548 9825
Mondays 12noon - 4pm
Tuesdays 12.30 - 4.30pm
Wednesdays 1.30 - 4.30pm

Katherine Road Community Centre

254 Katherine Road
Forest Gate E7 8PN
020 8548 9825
Mondays 2 - 5pm
Tuesdays 12.30 - 4pm
Wednesdays 1 - 5pm
Thursdays 9.30am - 4pm

London Tamil Sangam

369 High Street
Manor Park E12 6PG
020 8471 7672
Tuesdays and Wednesdays
11am - 3pm

Malayalee Association of UK

671 Romford Road
Manor Park E12 5AD
020 8553 4667
Tuesdays 1 - 4pm
Thursdays 10am - 3pm

Newham African Caribbean Resource Centre

627-633 Barking Road
Plaistow E13 9EZ
020 8471 2258
Wednesdays and Thursdays
10am - 3pm

Park Community Centre

Dormer Close
Stratford E15 4LQ
020 8536 2800
Thursdays 10am - 2pm

Plaistow Park Community Centre

63 Queens Road West
Plaistow E13 OPE
020 8552 1334
Tuesdays 1 - 4pm

Rokeby Centre

63 Rokeby Street
Stratford E15 3NS
020 8555 3125
Wednesdays 9.30am - 11.30am
Fridays 1 - 3pm

Sree Naryana Guru Mission

16 Barking Road
East Ham E6 3BP
020 8471 0720
Mondays and Tuesdays
10.30am - 2pm

St John's Community Centre

Albert Road
North Woolwich E16 2JB
020 7476 1666
Tuesdays 10am - 12noon
Thursdays and Fridays 1 - 3pm

St Pauls Church Centre

227 Burges Road
East Ham E6 2EU
020 8472 5531
Mondays 10am - 12noon

The Hub

123 Star Lane
Canning Town E16 4PZ
020 7473 5249
Thursdays 1 - 4pm

The Well Community Centre

49 Vicarage Lane
East Ham E6 6DQ
020 8586 7070
Tuesdays and Wednesdays
10am - 3pm

Trinity Community Centre

Bothwell Close
Canning Town E16 1QS
020 7476 5120
Mondays, Wednesdays and Fridays
9.30am - 1pm

Trinity Community Centre

East Avenue
Manor Park E12 6SG
020 8472 8947
Monday - Friday 1.30 - 3.30pm

Upton Centre

Claude Road
Plaistow E13 OQB
020 8552 8647
Wednesdays, Thursdays and Fridays
11am - 2pm

Don't forget you can still get free swims for over 60s at all four leisure centres in Newham.

WHY WASTE WASTE?

We want you to help us to save £12m by sending less rubbish to landfill. The easiest way to do this is by recycling more. Utilise your **orange bag**, recycling bring banks and free green garden waste collection and think before you throw to help us save money and the environment, for you.



In the last issue of the *Newham Mag*, we brought you news about changes we're making to limit the amount of waste you throw away by introducing a one rubbish bin policy. Too much of the waste that ends up in black bags could be saved from landfill if residents used the many waste and recycling services the council offers. To make recycling easier, orange bags will be replaced with wheelie bins from the start of next year.

It's all too easy to throw your rubbish into a black bag but you should only put in waste that cannot be recycled or composted. The more waste you throw, the more harm you are doing to the environment. You're also throwing away money, as the more we send to landfill the more we have to pay. This is money that could be better spent elsewhere – especially during these tough economic times.

CARS, JUMBOS AND THE EIFFEL TOWER

Each household in Newham produces about a tonne of waste per year – which is roughly the same weight as a small car.

The borough as a whole currently produces 100,000 tonnes of waste per year which is the same weight as 620 jumbo jets.

Currently, Newham recycles 19,000 tonnes of waste per year. Although this sounds like a lot we need to do better. We have one of the lowest recycling rates in London and need to recycle an extra 8,000 tonnes of waste each year – at least. That's about the same weight as the Eiffel Tower but this is not a tall order. If you think before you throw you'll be surprised at how less waste you'll be throwing away and how much more ends up in your orange recycling bag.

NO SIDE WASTE

The one bin policy doesn't mean you can pile your excess rubbish bags beside your bin. This looks messy, attracts vermin and means you're not recycling enough. If you think you'll find changing your habits difficult, our waste education officers will be visiting homes with more than one rubbish bin – as well as households that are producing lots of side waste – to show how easy it is to manage your waste.

If you want to get rid of bigger items, the council offers a free bulky waste collection service. The council can collect up to six items, such as fridges and mattresses, from your doorstep. To book a free collection call 020 8430 2000.

USE YOUR SERVICES

Orange recycling bag – doorstep recycling collection

To help you make recycling easier the council will be replacing the orange bags with a wheeled bin. The bins will start being delivered to residents in the New Year. Until then please use your orange bag to recycle paper, cardboard, plastic bottles and cans.

Green garden waste collection – doorstep recycling

If you don't have a compost bin, we'll collect your garden waste for free. Put your grass cuttings, leaves, flowers, twigs and weeds in a black bag and book your free collection by calling 020 8430 2000. Alternatively, you can order a compost bin from as little as £4 by calling 0845 130 6090, or visiting the website www.newham.getcomposting.com

Bring banks – collect and drop

Take your glass bottles and jars to your nearest recycling bank or Jenkins Lane RRC. To find your nearest recycling bank or for more information about recycling visit www.newham.gov.uk/recycling

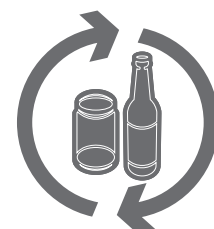


WHAT GOES IN YOUR ORANGE BAG

Use your orange recycling bags to recycle paper, cardboard, plastic bottles and cans, until you receive your new recycling bin from January 2011.



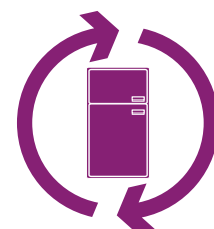
Take your glass bottles and jars to your nearest recycling bank or to Jenkins Lane Reuse and Recycling Centre (RRC), IG11 0AD. To find your nearest recycling bank visit www.newham.gov.uk



We'll collect garden waste such as grass cuttings, leaves, flowers, weeds or you can compost these. **To book a free collection call 020 8430 2000. To order a compost bin from as little as £4 call 0845 130 6090.**



We'll collect large household items such as unwanted carpet, wardrobes, old fridges and freezers. **To book a free collection call 020 8430 2000.**



Take unwanted waste to Jenkins Lane RRC.



Thank you for recycling.



Light up your life

Friday 5 November

The last of this year's fabulous free events will be a sparkling finale for all the family. Wanstead Flats once again plays host to a dazzling fireworks display on Guy Fawkes Night – Friday 5 November.

Gates open at 6.45pm with the display whizzing into life at 7.45pm. The public entrances are on Centre Road and Dames Road – they'll be no access to the site from Lake House Road.

If it's muddy don't forget to wear your wellies as the display is on soft ground. You can't bring your own fireworks but you won't need them as we'll delight you with our 20-minute aerial extravaganza.

There's no public parking so the best way to get to the site is by public transport; see the ad on the back page for details.

Multi-tasking

The council, police and fire brigade will be out in force in the run up to Guy Fawkes Night.

Random visits will be made to businesses across the borough to check that owners are licensed to sell fireworks – and that they're selling them to the right customers.

It is illegal to sell fireworks to anyone aged under 18. Young people will be going undercover to see if irresponsible sellers allow them to buy fireworks as well as knives and alcohol. The council will also be randomly checking trade waste agreements, to ensure businesses are

disposing of their rubbish legally, and the Fire Brigade will look at fire safety certificates – also a legal requirement for all businesses.

If you're thinking of using Guy Fawkes Night as an excuse for anti-social behaviour (ASB) think again. They'll be a lot more police on patrol and young people needn't spend the weekend on the streets as there's lots happening in youth centres.

Centres in Canning Town, Britannia Village, Beckton, East Ham, Manor Park and Little Ilford will hold special late night openings on Saturday 30 and Sunday 31 October, and Friday 5 and Saturday 6 November from 9-11pm. There'll be a range of activities to ensure young people have a great time. For more information visit www.newham.gov.uk/halloweenopening





Remember, remember...the fireworks code

- only buy fireworks marked BS 7114
- don't drink alcohol if you're setting off fireworks
- keep fireworks in a closed box
- follow the instructions on each firework
- light fireworks at arm's length, using a taper
- never go near a firework that has been lit. Even if it hasn't gone off, it could still explode
- never put fireworks in your pocket or throw them
- always supervise children around fireworks
- light sparklers one at a time – and wear gloves
- never give sparklers to a child aged under five
- keep pets indoors.

If you're celebrating diwali be careful when using candles:

- don't put candles near curtains, fabric or furniture
- put candles on a heat resistant surface – especially tea lights
- never leave candles to burn unattended.

Gunpowder, treason and plot

In 1605, Guy Fawkes was a key figure in the attempted murder plot of the protestant King James I. The intention was to kill him so that a Catholic monarch could come to the throne.

Guy Fawkes and his comrades planned to blow up the Houses of Parliament using gunpowder.

Fawkes was responsible for guarding the stockpile of gunpowder that was discovered by the authorities under the House of Lords on 5 November, 1605. Fawkes was captured, questioned and tortured until he told all about the murderous plan. He escaped hanging by taking his own life on the day of his execution.

Guy Fawkes' attempted atrocity is remembered every year on 5 November. As well as fireworks, many people light a bonfire with an effigy of Fawkes on top as a reminder of his dastardly plot.

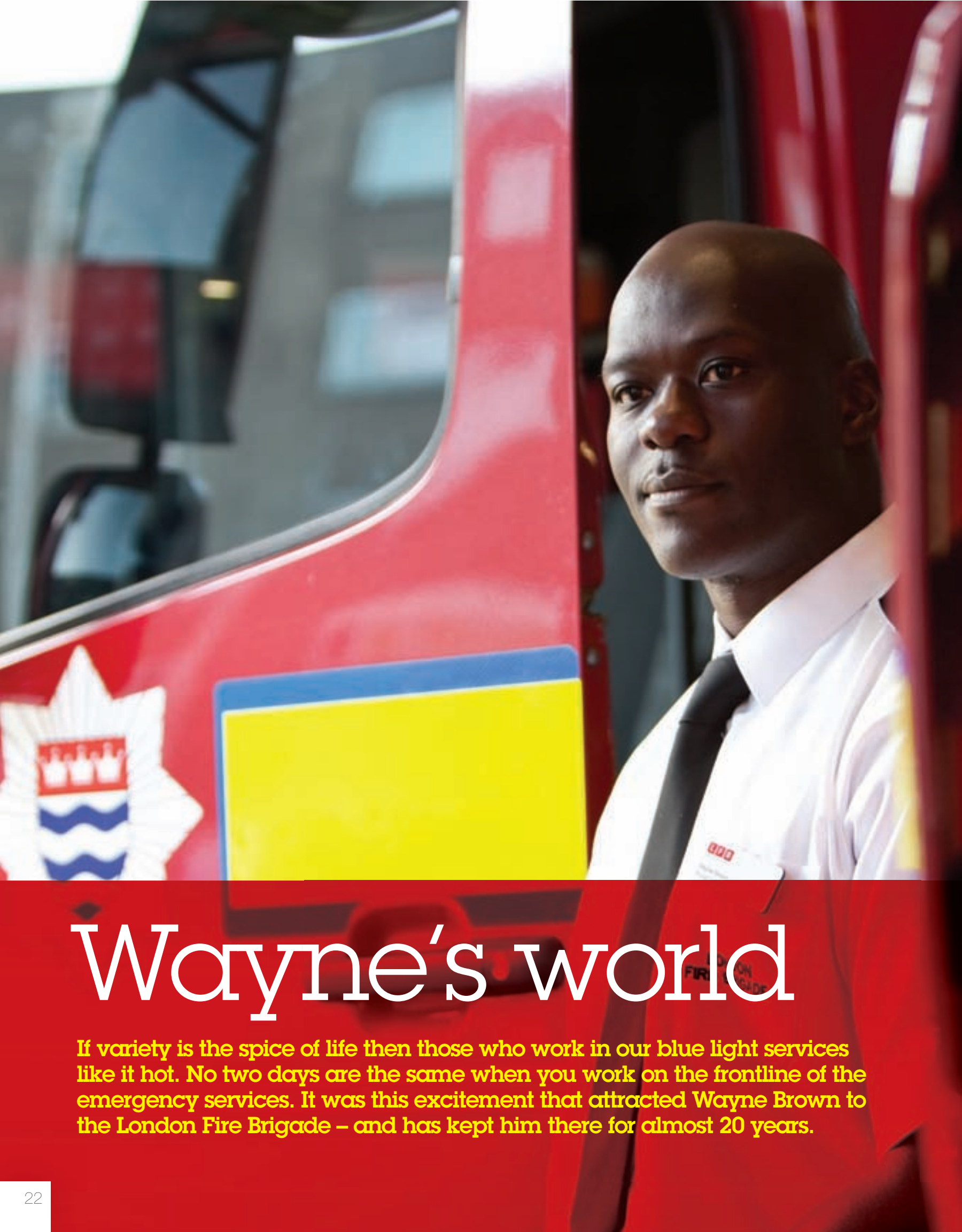




Newham in pictures



1 Tinkling the ivories: a child starts their journey to becoming a musician at Sandringham School, E7. **2** Lights shine bright on Stratford at night. **3** Pretty in purple: asters in bloom in Central Park, E6. **4** Onlookers pay their respects at the memorial service for Pc Gary Toms, E15. **5** Twit twoo, the launch of the new play area in Star Park, Canning Town, is for you.



Wayne's world

If variety is the spice of life then those who work in our blue light services like it hot. No two days are the same when you work on the frontline of the emergency services. It was this excitement that attracted Wayne Brown to the London Fire Brigade – and has kept him there for almost 20 years.

Wayne is Newham's Fire Borough Commander, responsible for our four stations. Wayne is clear about his remit, which he describes as: 'providing a fire service for the residents of Newham that is ready and responsive' and, above all: 'ensuring that the people of Newham are safe'.

If you think the fire service just fights fires, think again. When our uniformed heroes are not saving or protecting lives they're perfecting their specialist skills, from rescuing people trapped up high or down below, to water rescues.

As borough commander, what are your priorities?

For me, it's paramount that residents realise what we can offer and also make them aware of the responsibilities they have to keep themselves safe.

It would be lovely if every resident had a working smoke alarm. That's our aim.

We offer free home fire safety checks but these aren't just about fitting a smoke alarm. We give residents advice about kitchen safety, electrical safety, candle safety, and make sure they have a fire escape plan. It's about making sure if, God forbid, they did have a fire there are ways of preventing or reducing its impact.

Is there a typical Newham fire?

Not really, but we do get a lot of electrical fires, especially coming up to Christmas, combined with overloaded plug sockets and using electrical goods that may be faulty. Careless disposal of cigarettes is still a problem. Candles have caused a few fires, whether caused by people celebrating religious festivals or those using them in day-to-day life.

What is your busiest time of year?

Notoriously, bonfire night is the busiest in terms of the volume of calls we take, from bonfires that go out of control to fireworks that cause fires.

We've been promoting safe use and storage of fireworks. We've made joint visits with some of our partners, namely trading standards and the

police, to local businesses that sell fireworks. We're making sure they're stored in the correct way, are being sold to people of the right age and they have a licence to sell fireworks in the first place. While we're there we'll also be checking that the premises has a fire risk assessment, which every business needs to have carried out.

When they're not fighting fires what do firefighters do?

We do a lot of training. We have specialist units that deal with water rescue and line rescue, where someone is up a high building or down a trench. We also deal with road traffic accidents and have resources in London that can be used nationally.

One of our vehicles has an inflatable boat which the crew use to rescue people that have fallen into water. These are used in the winter, for example when a pond freezes over and someone falls into the water under the ice.

We also do a lot of community safety work, from home fire safety visits to station open days. We have fun days where we go out and promote our service to our hard to reach groups. Many people do still see us as still being just a fire service but we do a lot more than just fighting fires.

To book your free home fire safety visit call **08000 28 44 28** or drop into any Newham fire station.

The London Fire Brigade (LFB) would like to reassure residents that it will be responding to 999 calls if strike action planned by the Fire Brigades Union goes ahead. The LFB has a legal duty to provide a fire and rescue service at all times, and has contingency arrangements in place to keep London safe. For more information visit **www.london-fire.gov.uk/IndustrialAction**

Got something to
shout about? Email your
ideas to [@newham.mag](mailto:newham.mag)
@newham.gov.uk

YOUR SPACE

where young people take control

SMOKE SCREEN

Actor Charles Akuruka talks about his anti-smoking film project.

"When I was asked if I wanted to be a part of an anti-smoking film project I accepted it as just another acting role. I didn't realise the many hidden financial, social, and physical implications that are caused as a result of being a smoker.

"I went into this project thinking: 'yeah, smoking is bad but so what?' I accepted it as a social thing - some people smoke and others don't; that's the way it is and that's the way it's always been. This project allowed me to delve deeper into why people smoke and, more importantly, why they can't stop.

"How are you going to impress that person you like when you have yellow teeth or bad breath? Think about it."

"Reasons people have for smoking include: 'I'm going to die one day anyway' and 'it's not that expensive, is it?'. A number of my friends smoke regularly and they all said that smoking is bad. They even campaigned against smoking, saying that they did not want anybody else being addicted because, according to them: 'there is no way out'.

"Young people believe that smoking is cool but if they knew that buying a box of cigarettes everyday for a month totalled to a nice pair of jeans or the latest video game they wouldn't be so quick to spend their money.

"My advice to young people would be not to start smoking; it's not cool and you will seriously damage your health and your looks. How are you going to impress that person you like when you have yellow teeth or bad breath? Think about it."



Charles Akuruka

If you are aged 12 or over you can get **FREE** stop smoking support in Newham. Call 020 7059 6630, text QUIT to 60155 or email stopsmoking@newhampct.nhs.uk for more information. Keep reading the Mag for details of the film's release.

NEWHAM SERVICES FORUM

TO ADVERTISE IN THE NEWHAM SERVICES FORUM PLEASE CONTACT JULIE MADELL ON 07890 529 090



Home-Start Newham VOLUNTEER CO-ORDINATOR POST

18 hours per week
(2 year contract, may be extended subject to funding)
Salary: £12,323 (NJC 29 inc. OLV), pension scheme available

Appointment is subject to an enhanced disclosure by the Criminal Records Bureau

Home-Start Newham is a voluntary organisation committed to promoting the welfare of families with at least one child under five years of age. Our volunteers offer regular support, befriending and practical help in the homes of families who are experiencing difficulties, helping to prevent family crisis and breakdown.

The successful candidate will be responsible for recruiting, training, supervising and supporting a team of volunteers and having a caseload of families.

- You will need experience of working with children, families and the ability to engage effectively with all members of the community.
- Experience of delivering training and knowledge of IT and office systems are essential.
- A child care qualification is desirable.
- You should understand and be committed to the role of the voluntary sector and be able to work on your own initiative in a challenging environment.
- Applicants must have use of their own car for which expenses are paid.

For a recruitment pack, contact: **Home-Start Newham 267 Barking Road, East Ham London E6 1LB. Email: hsnewham@aol.com**
Tel: 0208 470 2600

N.B. CVs will not be accepted.

Closing date for applications: Friday 19th November 2010
(deadline 09:00am)

Interviews will be held week commencing: 6th December 2010

Home-Start Newham is committed to Equal Opportunities
Home-Start Newham Company No: 5364150
Registered Charity Number No: 1109098



thenewhammag

To advertise here call Julie Madell
on 07890 529 090 or email
julie.madell@newham.gov.uk



Sessional Instrumental Tutors required for Newham's Every Child a Musician programme.

Pay rates will be between £20 and £25 dependant on qualification, experience and training. Flexible hours. Vacancy ref: CY12345B.

Do you want to be part of an exciting and ambitious new music programme for young people? The Mayor of Newham has launched Every Child a Musician, a programme providing instrumental music tuition for every Year 5 child in the borough.

We have excellent opportunities for musicians with experience of teaching young people who want to join us in making this programme a success. We are looking for staff with skills in the following areas:

- > String (violin, viola)
- > Woodwind (flute, clarinet)
- > Brass (trumpet and trombone)
- > Acoustic guitar
- > Keyboard

We offer a supported programme (induction; networking events etc.), flexible working arrangements and the chance to contribute your ideas to the development of this exciting programme. Closing date: noon Thursday 4 November 2010.

For further information and to apply please go to
<http://www.newham.gov.uk/Jobs/>

Do you want to become a music tutor?

We are also keen to hear from you if you are a local musician wanting to become a music tutor. To find out if you are eligible for our Every Child a Musician training and development programme aimed at training new tutors, please send an email outlining your interest and any experience to everychildamusician@newham.gov.uk



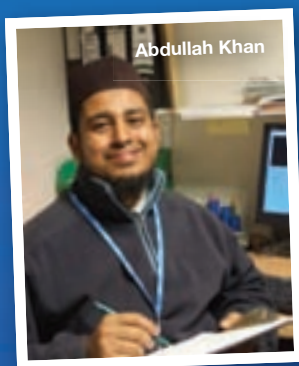
Make a difference today

On 30 October people across the country will be encouraged to Make A Difference and Newham University Hospital NHS Trust invite you to do the same and volunteer your time.



If you can spare at least three hours per week for a minimum of six months the Trust would like to hear from you. You can be retired, a former patient or just want to help your community. Volunteering gives you valuable work experience and could also be your first step to employment.

The *Newham Mag* caught up with some existing volunteers.



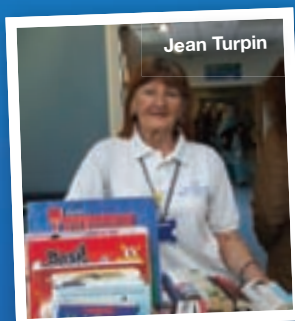
Abdullah Khan

Abdullah decided to volunteer at the hospital to give something back and to gain work experience that he can use to secure a job.

Abdullah said: "I really enjoy volunteering. I'm learning all the time and it's helping me to improve my communication skills, my team working skills and how to adapt to different situations.

"In my heart I want to help others

and I think volunteering is an excellent opportunity to give something back while learning new skills."



Jean Turpin

Jean Turpin

After retiring Jean found that she was bored and decided to become a volunteer.

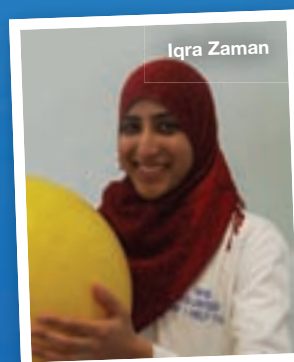
She has been helping out

at the hospital for five years. Jean said: "As a general volunteer, one day I might be selling books to fundraise, the next helping out with activities for the elderly or school visits, or the next helping out on the wards. It's so satisfying and I really look forward to coming in.

"Each day I think to myself: 'I've helped someone today, I've done something.' I would recommend volunteering to everyone."

Iqra Zaman

Iqra is a ward based volunteer and



Iqra Zaman

supports physiotherapists in the gym. She is studying but wanted to do more with her time and gain experience. Iqra said:

"I'm finding

volunteering really fun. It's helping me to develop new skills, I'm meeting new people and I feel like I'm giving something back to my community.

"I'm hoping to work in healthcare and working in the hospital is helping with my personal and career development."

For full details about volunteering at Newham University Hospital NHS Trust please visit www.newhamuniversityhospital.nhs.uk/volunteering or contact Jackie O'Sullivan, voluntary services manager on 020 7363 8107.

Public Notice



London Borough of Newham Notice of Application for Planning Permission Proposed Departure from the Adopted Plan and Submission of Environmental Written Statement

Town and Country Planning (Development Management Procedure) (England) Order 2010

Application No: **10/02061/LTGVAR**

Proposed development at: **Beckton Sewage Treatment Works, Jenkins Lane, East Ham, London The Lee Tunnel and Beckton STW extension scheme**

I give notice that: **Thames Water Utilities Limited** is applying to the London Borough of Newham

for planning permission for **Variation of condition 2 (Drawing Numbers), 3 (Environmental Statement), 5 (Odour Mitigation Measures), 6 (Operation of Odour Control Plant), 7 (Treatment of Sewage Influent), and 8 (Hydrogen Sulphide Monitoring Equipment and Protocol) attached to planning permission 08/01159/LTGDC dated 1/12/2009. (The Lee Tunnel and Beckton STW extension scheme). (This application is accompanied by an Environmental Impact Assessment).**

Members of the public may view copies of the application, plans, and other documents submitted with it, online, using the Council's Public Access website <http://www.newham.gov.uk/planning>

Anyone who wishes to make representations about this application should email or write to the case officer **Miss Lisa Crownshaw** within **21 days from the date of this notice.**

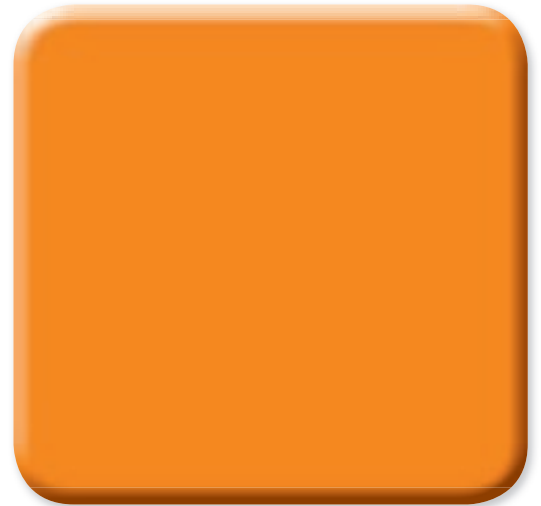
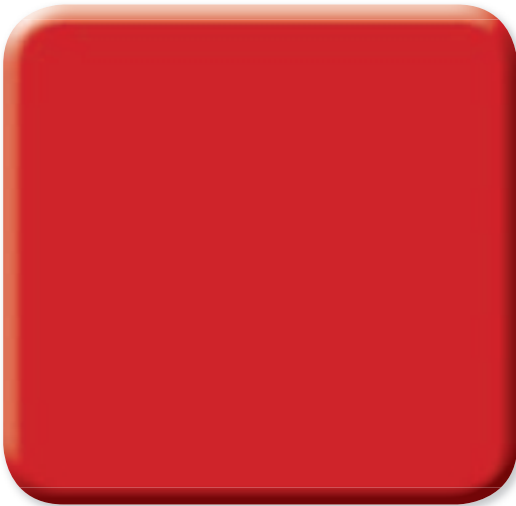
E-mail:
lisa.crownshaw@newham.gov.uk

Address:
**Development Control Services
Regeneration, Planning and Property
London Borough of Newham
Newham Dockside
1st Floor, West Wing
Dockside Road
London
E16 2QU**

Signed:
**Clive Dutton, Executive Director
Regeneration, Planning and Property**

Telephone: **0203 373 1420**

Date: **29 October 2010**



The ultimate meal deal: a year in the life of free school meals





One year, three terms, every primary school and countless carrots later, the council's programme of free school meals (FSM) for all kids aged five to 11 is a great success. From happier teachers and more alert pupils to parents with more pounds in their pocket, this is one programme that benefits everyone.

Launched in September 2009, Newham was chosen as one of only two local authorities to take part in a two year Government pilot providing free school meals to all primary school pupils. While central Government funding will stop at the end of the pilot in July 2011, the results have been so remarkable that Mayor Sir Robin Wales has committed to continuing it saying: "We've got hard evidence to prove how beneficial free school meals are for our children and their hard working parents. The programme is a great success story and we are committed to doing what is best for our community."

The proof is in the pudding

From September 2009 to August 2010, every day an additional 9,000 children enjoyed a free school meal at lunchtime at one of our 66 primary schools.

Since this taste-tastic grub was made free for all, uptake of school meals has risen from an average of 45 per cent to 75 per cent. This means three out of four primary pupils is having a hot, healthy meal at lunch – and this having a dramatic effect on their school work.

What the teachers say

Paul Underwood, head teacher at St Winefride's School in Manor Park said: "Before when the meals weren't free for all I was always surprised because the children on free school meals did better than many of the others, both academically and in terms of behaviour."

"At St Winefride's more than 90 per cent of our students now have FSM. We can teach English and Maths in the afternoon now, as the children can concentrate after lunch."

"The children feel better in themselves and you can tell."

What the cooks say

Sue Rae is head cook at Stratford's Maryland Primary School and has seen an extra 100 children take up school meals when they were made free for all.

She said: "Our meals all have to meet a nutritional standard – they have to be well-balanced and full of vitamins. We

have three hot choices every day which are served with vegetables or salad and we always have a choice of dessert too including yoghurt and fresh fruit.

"We encourage the kids to give us feedback on what they like and current favourites are pizza, jacket potatoes and tuna wraps."

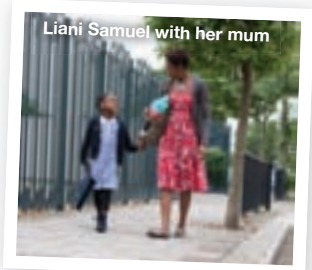
What the kids say

Liani Samuel, six, from Portway Primary School in

Plaistow said: "I prefer to have a hot meal at lunch because you can get things that are yummy. I've eaten new types of food like spicy chicken."

"My favourite school meal is sausages with rice and cucumber. I look forward to school meals."

Keyam Montaqim, eight, from Essex Primary School said: "My favourite school dinner is cheese and onion pastry with vegetables. I get to choose my vegetables, like cauliflower, brocolli and carrots."



National School Meals Week

From Monday 8 to Friday 12 November it's National School Meals Week when both primary and secondary schools will be celebrating the culinary delights of their school kitchen.

Selected primary schools will be taking part in *Get Eating* on the Monday which aims to create Britain's biggest school lunch. On Friday, it's time to *Get Giggling* with fun food masks.

Secondary schools will also be getting into the spirit as the *Come Dine With Me* project sees a new lunchtime menu created based on what pupils' have said are their favourite foods. And to mark Remembrance Day they'll be turning back the clock by 70 years to serve meals that were popular back in the day.



WIN! WIN! WIN!

Four pairs of tickets are up for grabs to see the Theatre Royal Stratford East's new production *Reasons to be Cheerful* on 10 or 11 November. Produced with the Graeae theatre company and featuring songs by Ian Dury and the Blockheads, this is a great coming-of-age tale being performed until 13 November at Gerry Raffles Square, E15.

To be in with a chance of winning, simply tell us:

What makes you most cheerful?

Send your answer with your name, address and daytime telephone number to: Newham Mag, Newham Dockside, 1000 Dockside Road, London, E16 2QD or email newham.mag@newham.gov.uk

The deadline for entries is 6 November.



Autism specific youth clubs

This autumn, two youth clubs for children and young people with autism are opening their doors to provide a range of fun and stimulating activities. From indoor chill-out and getting to know you sessions to special outings to restaurants and the theatre, these clubs are run by trained workers who can offer both group and one-to-one support.

The club for eight to 13-year-olds takes place on Saturdays, 10am-4.30pm; and the club for young people aged 14 and over takes place on Thursdays, 6-8pm. Both are held at the John F Kennedy Post 16 Provision School, Tollgate Road, Beckton.

Places are allocated on a first come, first served basis. To apply for a place, visit www.resourcesforautism.org.uk and click on the referral form box, or call 020 8458 3259 for a hard copy or help completing the form.

Sessions cost £5.50 a time but there are subsidised places for people on a low income.

For more information call Catherine on 020 8458 3259 or email Catherine@resourcesforautism.org.uk



CANNING TOWN LAD MAKES MODEL FINALS

Wilson Igbeneka, 28, has reached the finals of UK Top Model of Colour and is hoping to win the prestigious title this November.

The former student president of Newham College of Further Education heard about the competition when he registered with Mahogany Model Agency. He is pursuing his dreams to raise the profile of male models in the UK and encourages others to similarly strive for what they want in life.

Wilson said: "I am proud to be part of this vibrant and energetic community and would strongly recommend and encourage others to pursue and actively work towards their goals and never give up."

The Newham Mag wishes Wilson the best of luck in the finals.



Finalist Wilson Igbeneka

Music for all ears at Newham Academy of Music

Whether you're thinking of joining the academy or just fancy sampling some rock or jazz, there's something for all music-lovers at Newham Academy of Music, Wakefield Street, East Ham, this Autumn.

On Thursday 11 November from 4-8pm, NAM is hosting an **Open Evening**. Find out about instrument lessons for adults and children, music therapy and music technology while chatting to teachers and taking in impromptu performances.

On Saturday 13 November it's time to rock out at a special **Student Rock Night** from 7pm. Then on Saturday 27 November, get into the groove with an evening of **Latin dance and music** with a live performance from La Clave Con Mezcal.

Tickets for each of these gigs costs £3 in advance or £5 on the door, a licensed bar is available both nights.

To buy your ticket or for more information call 020 8472 9895, email alison.brewerton@newham-music.org, www.newham-music.org.uk

Red tape comedy show

Spare Tyre theatre group with eight performers aged 60 and over are bringing a satirical comedy about



safeguarding regulations to The Hub, 123 Star Lane, Canning Town.

SAFE follows a theatre group of older people as they attempt to stage a play. An interruption by a health and safety officer triggers the demise of the performance, leading to an absurd and comical spiral for both actors and audience.

Two performances at The Hub are happening on Thursday 4 November at 11.30am and 2pm. Tickets: £7 full price; £5 concessions or groups of five or more.

Pre-order your ticket by calling 020 7061 6454 or for more information visit www.sparetyre.org



Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU

GALLERY



Anna Fiorose



Alvie Thorne, 6



Raul Jegatheesan, 9



Arfat Uddin, 9

Win a £10 Newham Book Shop voucher

Our friends at Newham Book Shop invite you to send in your pictures, jokes and poems to the Newham Mag to be in with the chance of winning a £10 book voucher to spend in-store at 745-747 Barking Road, E13.

Eimen Qureshi is this issue's winner. To be in with a chance of winning this, or another fantastic prize, send your creative creations to Kids' Corner, West Wing – Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU. Don't forget to write your name, age, address and contact telephone number on your entry. Good luck!



Crossword

Poem

Winner

Wars

Guns shoot at innocent people,
Mums and children crying
at the steeple,
The echo of bullets go
throughout the town,
Until everyone's smile turns into a frown.

Uniforms transform from green to red,
Men put under a flower bed,
The town has turned from
peaceful to a grave,
Let's thank our soldiers for
being so brave.

Families crying during day and night,
Screaming at this horrendous sight,
Suddenly thousands of
bombs explode,
And guns are set to disaster mode.

The opposition has unleashed the war
from its lead,
Like a dog that has been freed,
Forced to live our lives in the dark,
We watch them burn the flag, our
trademark.

by Eimen Qureshi, 10



Across

1. They gather nuts in Autumn in preparation for winter (9)
6. Fruits of the oak tree (6)
7. Re-arrange the letters ALOT to find a singing voice! (4)
8. Young cat (6)
11. Explanations for doing something (7)
13. Firework that flies high in the sky (6)
15. A _____ fruit has a brown skin with green fruit inside (4)
16. Re-arrange the letters SUTRES to find an Autumn colour! (6)
17. It connects the head to the body (4)

Down

1. Glittering firework? (8)
2. Abbreviation for Unidentified Flying Object (3)
3. Athlete (6)
4. These fall from trees in Autumn (6)
5. A witch is supposed to fly on one at Halloween (10)
9. Heavy lorries which carry goods around (6)
10. A bird keeps its eggs here (4)
12. This Mediterranean tree has shiny black fruits for eating (5)
14. First woman in the Bible...or the night before Christmas (3)

WHAT'S ON?

**FIVE PAGES
OF ACTIVITIES
MOSTLY FREE,
ALL FUN!**

To view hundreds of events, or to add your own,
log on to www.newham.gov.uk/whatson

29 OCT – 12 NOV

TRY SOMETHING NEW... FREE CHOIR SINGING FOR ADULTS AGED 50+

Using Go For It grant funding, four new free choir sessions are up and running in the borough. Whether you can't tell your soprano from your tenor, or you fancy yourself as the next Susan Boyle, these classes cater for all older residents whatever their ability.

Sessions take place every week at the following venues:

Field Community Centre

147 Station Road, E7
Wednesdays, 2-3pm
Call 020 8536 2800 for more information

Royal Docks Learning and Activity Centre

Albert Road, E16
Fridays, 12.30-1.30pm
Call 020 7476 1666 for more information

Newham African Caribbean Resource Centre

627 Barking Road, E13
Tuesdays, 12noon-1pm
Call 020 8471 2258 for more information

Beckton Community Centre

14 East Ham Manor Way, E6
Thursdays, 12noon-1pm
Call 020 7511 1214 for more information



ALL LIBRARY LISTINGS

See Library Contacts for
venue details.

UNDER FIVES GROUPS

All open to under fives with
their parents/carers.

Storytelling
Beckton Globe Friday 10-11am
Canning Town Monday 10.30-11.30am
Custom House Tuesday 10.15-11.15am
East Ham Wednesday 2-3pm
The Gate Friday 11am-12noon
Green Street Thursday 10.30-11.30am
Manor Park Thursday 10.30-11.30am
North Woolwich Thursday 2-3pm
Plaistow Tuesday 11am-12noon
Stratford Tuesday 11am-12noon and Friday 2-3pm
Crafts Club
Manor Park Tuesday 10.30-11.30am
Toy Library
Beckton Globe Monday 10am-12noon and Thursday 1-3pm
East Ham Tuesday 10am-12noon and Thursday 10am-12noon
Imaginative Play
East Ham Friday 10.30-11.30am
Learning & Craft
Beckton Globe Tuesdays during school term 1.30-2.30pm

ADULT READING

Adult Reading Group
The Gate Tuesday 2

November 6.30-7.30pm
Stratford Monday 8
November 6.30-7.30pm
Plaistow Thursday 4
November 6.45-7.45pm
Women-Only Urdu Reading Group
The Gate Tuesday 9
November 5.30-7.30pm
Over 50s Reading Group
Beckton Globe Tuesday 2
November 9.45- 11.45am

OTHER GROUPS

Over 50s Club
Beckton Globe Tuesday 9.45-11.45am
Click-On – computer sessions for over 50s
East Ham Friday 10am-12noon and 2-4pm (no session on 29 October)
Plaistow Friday 10am-12noon and 2-4pm
ICT Surgeries
East Ham Friday 4-5pm
The Gate Thursday 10am-12noon
Manor Park Thursday 2-4pm
Knit & Natter – craft group for men and women of all ages and abilities
Beckton Globe Wednesday 10am-12noon
Canning Town Friday 10am-12noon
Writers' Group
The Gate Tuesday 26 October 5.45-7.45pm
Movie Night – free showing of the film 'Alice In Wonderland' (Cert. PG), directed by Tim Burton and starring Johnny Depp and Helena Bonham Carter.
Stratford Thursday 11

November 6-8pm
(prompt start)

YOUNG PEOPLE

Homework Club – All young people aged seven to 14 can get free study support at their local library on the days and times below. School term only.

Beckton Globe

Tuesday 4-6pm

Canning Town

Thursday 4-6pm

Custom House

Thursday 4-6pm

East Ham

Monday 4-6pm

The Gate

Tuesday 4-6pm

Green Street

Tuesday 4-6pm

Manor Park

Thursday 4-6pm

North Woolwich

Monday 3.30-5.30pm

Plaistow Thursday 4-6pm

Stratford Monday 4-6pm

Games Clubs – Sony PS3 or Xbox 360 and Nintendo Wii games, board games and many more free activities for eight to 13-year-olds.

Canning Town

Monday 3.30-5.30pm

Custom House

Tuesday 3.30 to 5.30pm

East Ham

Tuesday 3.30-5.30pm

Manor Park Monday 3.30 to 5.30pm

Stratford Playerz – Free activities for seven to 14-year-olds. Play PS3, Xbox 360 and Wii consoles.

Stratford Thursday 4 November 4-6pm

Teenage Games Club – PS2 and Xbox games, music, board games and many more activities for ages 12-16.

Beckton Globe Wednesday 3-5pm

Teen Xtra Evenings – Free activities for ages 12-21.

The Gate Thursday 6-8pm

Family Reading Group – A chance for children aged five to 11 and their families to read and have fun together.

The Gate Saturday 30 October 2.30-4pm

LIBRARY CONTACTS

Beckton Globe 1 Kingsford Way, E6 5JQ. 020 3373 0853

Canning Town Barking Road, E16 4HQ. 020 3373 0854

Custom House Prince Regent Lane, E16 3JJ. 020 3373 0855

East Ham High Street South, E6 6EL. 020 3373 0827

The Gate 4-20 Woodgrange Road, Forest Gate, E7 0QH. 020 3373 0856

Green Street 337-341 Green Street, E13 9AR. 020 3373 0857

Manor Park Romford Road, E12 5JY. 020 3373 0858

North Woolwich 5 Pier Parade, E16 2LJ. 020 3373 0843

Plaistow North Street, E13 9HL. 020 3373 0859

Stratford 3 The Grove, E15 1EL. 020 3373 0826

Archives and Local Studies 020 3373 6881

Community Outreach Services For more information call 020 3373 0813



SPORTS PROGRAMME

Basketball

Newham NSP (free)

- Basketball coaching, 8-19

Mon, 7.30-9pm

Little Ilford Youth Centre, E12

- Basketball Competition, 8-19

Tues, 6-7.30pm

Lister School (Sports Hall), E13

- 3 vs 3 league, 8-19

Thurs, 5-7pm

Forest Gate Youth Centre, E7

Youngbloods Basketball

- Under-12s, mixed

Saturdays, East Ham Leisure Centre

1-3pm

- Under-13/14s, boys

Mondays, 6-8pm, St Angela's School

Tuesdays, 5.30-7.30pm

Newham Leisure Centre

- Under-14s, girls

Mondays, 4.30-6pm, St

Angela's School

Tuesdays, 5.30-7.30pm,

Newham Leisure Centre

- Under-15/16, boys

Tuesdays, 6-8pm, East Ham Leisure Centre

Fridays, 6-8pm, St Angela's School

- Under-17/18 boys

Tuesdays, 8-9.45pm, East Ham Leisure Centre

Thursdays, 7-9pm, St

Bonaventure's School

Fridays, 6-8pm, St Angela's School

Each session costs £1. Contact Caroline on 07958 307 657 for more details.

Football

Newham NSP (free)

Five-a-side

- U14 & U18

Mon, 6.30-8.30pm

Newham Leisure Centre, E13

- 11-18

Wed, 5-8pm

Priory Park MUGA, E6

- 8-19

Wed, 5-6.30pm

Keir Hardie Park, E16

- Five-a-side, 8-19

Fri, 6-7.30pm

Scud Park, Tant Avenue, Canning Town, E16.

- Mayor's Football League, U14, U18,

Thurs, 4-6pm

Memorial Park

- Coaching and competition, 8-19,

Sun, 1-2pm

Winsor Park, E6

- Monthly tournament

U12, U14, U18, 10am-1pm

First Sat of the month

Plasnet Park, E6

WHU Kickz (free)

Mon

- U14, 4-5.30pm

- 15+, 5.30-7pm

West Ham Community Astro Turf (Beckton)

- 11-18, 5-8pm

Forest Gate Youth Centre, E7

Tues

- U14, 4-5.30pm

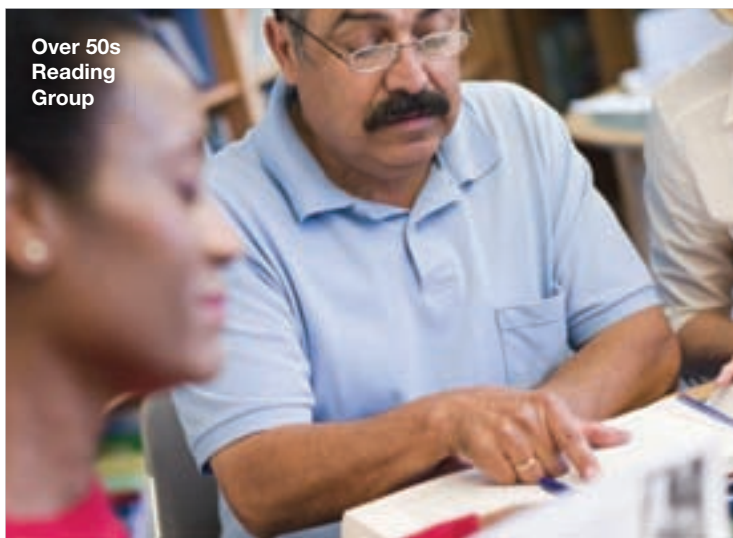
- 15+, 5.30-7pm

West Ham Community Astro Turf (Beckton)

- 11-18, 6-9pm

Priory Park MUGA, E6

Wed



Over 50s
Reading
Group



- 11-18, 5-8pm
Priory Park MUGA, E6

Thurs

- 11-18, 4-7pm
Priory Park MUGA, E6

Fri

- U14, 4-5.30pm
- Girls 11+, 5.30-7pm
West Ham Community Astro
Turf (Beckton)
- 11-18, 5-8pm
Forest Gate Youth Centre, E7

Air Football 16+

Tues

1-3pm, Stratford Park, E15

Fri

3-5pm, Beckton Powerleague
For more info visit
www.airfootball.co.uk

Ascension Football Academy

For info call Louise on
07841 749 292.
School years R-3:
9.30-10.30am
School years 4-7:
10.45-11.45am
School years 8-11:
12noon-1.30pm
All sessions £2.50
King George V Park, E16

Football and basketball Newham All Star Sports Academy (NASSA)

- 12-16 mixed, Mon
6-7.30pm,
- 18+, 7.30-9pm, Newham
Leisure Centre, E13
- 11-16 girls, Tues,

4.30-6pm, Sarah Bonnell
School, E15

- Fri, 4.15-5.30pm 8-11 mixed
3.30-7.30pm, 12-16 mixed
Cumberland School, E13
For more information about
Newham All Star Sports
Academy (NASSA)
call Chris on 07932756197
or Natasha on 07985281581
or visit www.nassa2012.org.uk

Handball (free)

- Newham Flames, Tues
U15, 3.30-5pm
U18, 5.30-6.30pm
Newham Leisure Centre, E13
(Multi-Sports Hub)
Call Ari Bekker on
020 8430 2484

Multi sports (free)

Newham NSP
- Handball, football,
competition
5-7pm, 8-19
Wed, Stratford Park, E12
- Coaching and competition
4-5.30pm, 8-19
Fri, St John's Community
Centre, Albert Rd, E16

Athletics at Newham Leisure Centre

- Get Set Go Group, 11-16
Mon, 4-5.30pm, £1
- Met Track 10-17
Fri, 4.30-6pm
- Newham and Essex Beagles
Athletics Club, 10+
Mon and Wed, 6.30-9pm;
Sun, 10am-1pm

Email jacqueline.ramsden1@btinternet.com

Cricket

- Tapeball cricket league (free)
11-15, 16+, 6-9pm
Kingsford Astro Turf
- Rokeby community cricket
(free)
Wednesday 4-5pm
8-16
Rokeby School sports hall,
Pitchford Street, E15
Call Ben for info:
07971 286 254 or
email chambersharry@hotmail.com
- Newham Cricket Club
Monday 5-7pm
8-16, £2 per session
Flanders field,
Napier Road, E6
Visit www.newham.gov.uk
for information.

Boxing

East Ham Boleyn ABC
10- years +; boys only
- Mon, Tues, Wed, 5-6pm
East Ham WMC, 2 Boleyn
Road, E6
Call Daniel Penny on
07958 124 144
- West Ham Boys ABC
9-years +; boys and girls
Mon, Wed, Fri, 5-6pm
The Black Lion, 59-61 High
Street, E13
Call Lianne Jameson on
020 8472 3614
- Peacock ABC 8-years +
Mon, Wed, 6-8pm
boys and girls
Caxton Street North, E16
Call Martin Bowers on 020

7511 3799

- Newham Boys ABC
6-years +; boys only
Mon, Wed, Fri, 6-7.45pm
Old Bath House
141 Church Street, E15
Call Ravinder Atwal/Joe
Chapman 020 8519 5983
- Fight For Peace 11 years
+; boys and girls
(Phone for session details)
Woodman Street,
North Woolwich, E16
Call Marigold Ride
on 020 7474 0054

Contact clubs before visiting

Free non-contact boxing

Non-contact boxing is the
perfect way to increase your
fitness, lose weight, build
strength and learn to defend
yourself.

Osmani Boxing Club is open
to males aged eight to 25
Fridays, 4-6pm
Froud Centre, 1 Toronto
Avenue, E12
For more information call
020 7247 8080 or email
healthyfutures@osmanitrust.org

Free sports@Ascot Hall

Football, girls and boys, eight-
15yrs, Sat, 10am-12pm
Street dance for girls, all ages,
Sat, 12-1pm
Non-contact boxing, eight-
12yrs, Sat, 2-3pm
All sessions are free, for info
call 020 8430 4775
Ascot Hall, Hermit Road, E16



Newham Swords

Learn to fence with Olympic champions; from ages four to adult. The Hub in the grounds of Newham Leisure Centre, Prince Regent Lane, E13.
Tuesday 6.30-9pm
Thursday 6.30-9pm
Friday 7.30-10pm
Call Linda on 07956 618 898 or visit www.newhamswords.co.uk

Newham Striders

Free, sociable walking group that go striding in the local area seven days a week. Visit www.newham.gov.uk, email paula.peatty@newham.gov.uk or call 020 8430 2000 for more information.

Universal Warriors Kickboxing Club **350 Katherine Road, Forest Gate**

Mondays, U16 mixed, 6-7.30pm
Wednesdays, 16+ mixed, 7-8.30pm
Fridays, U16 and 16+ mixed, 6.30-8pm
Cost: U16s, £5; 16+, £7; students with ID, £5
For more information call Don on 07784 712 813.

Newham Shoujin Karate Sessions for beginners:

Wednesday 4.30pm - 5.30pm (4-15)
Thursday 7.30pm - 8.30pm
Fit2Fite (martial arts based aerobic session for all abilities) (16+)
Friday 6.00pm - 7.00pm (4-15) & 7.00pm - 8.00pm (16+)
Sunday 10.00am - 11.00am (4 - 16+)
Sessions are held at Newham Leisure Centre, Prince Regent Lane and the adjacent Multi-Sports Indoor Centre. For more information call 07508 070 638.

Ramgarhia Badminton Club **Adults (Advanced)** Tuesdays, 7-9.30pm

Little Ilford School
Church Road
Manor Park

Juniors

Fridays, 6-7.30pm
Adults (Beginners/Intermediate)
Fridays 7.30-9.30pm
Langdon School
Sussex Road
East Ham

For more information and prices contact Kilvir Bahra on 07803 834 037 or email ramgarhia.bc@gmail.com

OPA Netball Club

Tuesdays

Under 16s: 6-7pm and over 16s 8-9pm
Matches in Essex Met League/Three Swords League on Saturdays
Lister Community School, St Mary's Road, Plaistow
All levels welcome, for more information and prices call Lesley Jones on 07717 281 529 or email opa_netball_club@hotmail.com

Run in England - all £2

For more details email oimafidon@runinengland.co.uk or call 0797 926 1647

Monday, 4-5.30pm, Newham Leisure Centre E13, meet on the track

Tuesday, 6-7pm, Newham Leisure Centre E13, meet on the track

Wednesdays:
12-1pm, Newham Dockside, Dockside Road E16, meet at reception

5.30-6.30pm, Newham Leisure Centre E13, meet on the track

Thursday, 5.30-6.30pm, Newham Dockside, Dockside Road E16, meet at reception

Friday, 12noon-1pm, Warehouse K, meet outside Fox pub

Saturdays, all 10-11.30am: Central Park E6, meet at the café,

Wanstead Flats, meet at Harrow Rd Changing Pavilion
West Ham Park E15, meet at southgate entrance off Portway

Sunday, 10am-12 noon, Newham Leisure Centre E13, meet on the track

Women United FC (16+)

Mondays (Term time only)

6.00-7.15 Kingsford School, Kingsford Way
Call Shona Pollock on 07968 665849

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Multi-Sports

Free Flying Wheels club for young wheelchair users aged six to 22. With an emphasis on wheelchair rugby and training from professional players, come experience different sports activities and health and fitness. Wednesday evenings, 7-9pm
The Hartley Centre, 267 Barking Road, East Ham, E6
Call Eda on 020 8472 0058 for more information.

Mon, Eastlea multi-sports club for SEN & disabled young people, Eastlea Community School, E16, 4-5.30pm

Multi-Activities

People with Disabilities Club, Tues, Newham Leisure Centre, E13, 10.30am-12.30pm

Swimming for children with special needs

Tues, Newham Leisure Centre, E13, from 2.30-4pm
Call NLC on 020 7511 4477
Newham Otters Swimming Club, Sat, Newham Leisure Centre E13, 4.45-5.45pm
For more information call 020 8552 3195
The 3 Hs, Sun, Balaam Leisure Centre, E13, 12.30-2pm
For details call Zeenat 07528 562 902



Met Opera Live

Get fit for free

Free use of the gym for one year for people with learning disabilities at Newham Leisure Centre on Tuesdays from 1.30-3.30pm. To book an induction you must contact Zahra Mirza on 020 7511 4477

Goalball

First Thursday of the month at Newham Club, Brampton Manor School from 5-7pm

B1 Football Club

Third Sunday of every month at East Ham Leisure Centre from 10am-12noon

ARTS LISTINGS

Stratford Picturehouse

Met Opera Live - Don Pasquale
Transmitted from New York via Satellite

Saturday 13 November, 6pm
Tickets: members £19.50, full price £25, concs £21.50
World-class opera, transmitted live via satellite from the New York Met, in high definition on the big screen. Don Pasquale starring Anna Netrebko reviving her sensational turn in this sophisticated bel canto comedy.
www.picturehouses.co.uk
Box office: 0871 902 5740

Theatre Royal Stratford East

Reasons to be Cheerful
22 October - 13 November
Tues - Thurs & Sat matinee (6 Nov only): £17/£12

Concs (£12/£7)
Fri & Sat £20/£15
Concs (£15/£10)
All performances are audio described. Call 020 8534 0310 or visit www.stratfordeast.com

Stratford Circus

Small Worlds

Saturday 6 November, 10am / 11.30am / 1.30pm / 3pm
Cost: £6 / £5 concs.

Within Mimika Theatre's white canvas dome is a beautiful landscape, step inside to experience this wonderful small world. An unforgettable piece of visual theatre.

Fantastic Mr Fox

Wednesday 10 - Saturday 13 November, 11am / 2pm (11.30am / 3pm Sat)
Cost: £6 / £5 concs.

Mr Fox has three very nasty enemies, Boggis, Bunce and Bean. They try to shoot, starve and dig him out of his hole, however, Mr Fox is much cleverer than they are and has a cunning plan of his own.

Gareth Peirce

Friday 12 November, 7pm
Cost: £6

Lawyer Gareth Peirce represents individuals who are or have been the subject of rendition and torture, held in prisons in the UK and interviewed in secret prisons abroad. As the Obama administration begins the release of carefully selected

evidence concerning the widespread use of torture in the "War on Terror" Peirce's new collection of essays are an insightful argument of the need for a similar accounting from the British Government.

Jah Wobble and his Jazz Orchestra

Friday 12 November, 8pm
Cost: £14 / £10 concs.

Great British world beat and global electronica innovator, Jah Wobble brings together a unique jazz orchestra for this one-off gig on his home turf.

Website www.stratford-circus.com, box office 0844 357 2625

OTHER LISTINGS

Plant for Life

Saturday 6 November, 11am-3pm
Canning Town Recreation Ground, Prince Regent Lane, E16

Saturday 13 November, 11.30am-3.30pm
Forest Lane Park, Magpie Close, E7

Saturday 20 November, 11am-2pm
Valetta Grove, Plaistow

COMMITTEE MEETINGS

The following meetings all take place at the Newham Town Hall unless specified.

Regeneration and Employment Scrutiny

Commission

Tuesday 2 November, 7pm

Health and Social Care Scrutiny Commission

Tuesday 2 November, 7pm

Mayoral Proceedings

Thursday 4 November, 10am

Local Development Committee

Monday 8 November, 7pm

Children and Young People Scrutiny Commission

Tuesday 9 November, 7pm

SACRE

Wednesday 10 November, 7pm

Newham Community and Police Forum

Thursday 11 November, 7pm

Meetings are subject to cancellation. Details of meetings, agendas and minutes are available on the Newham website – www.newham.gov.uk

The Forward Plan, also available on the Newham website, sets out all key decisions to be taken over the next four month period. The October Edition of the Forward Plan was published on 16 September 2010

MEET THE MAYOR

Mayor's Surgery

Thursday 4 November
12noon-1pm

USEFUL NUMBERS

020 8430 2000

Hundreds of services, just one number – for all council enquiries

For questions about councillor surgeries or to find out which ward you live in, call 020 8430 2000 or visit www.newham.gov.uk/yourcouncillor

Write to the Mayor at Newham Town Hall, Barking Road, London, E6 2RP or email mayor@newham.gov.uk

For information about Community Forums freephone 0800 519 4015 or email community.forums@newham.gov.uk

For information about the 2012 Games and how it will affect Newham, visit www.newham.gov.uk/2012Games

To report anti-social behaviour call Newham's 24-hour hotline on 0800 731 3300

To speak to the Newham Mag team, call 020 8430 2000 or email newham.mag@newham.gov.uk

Stratford Local Service Centre, 112-118 The Grove, E15. This surgery will be covered by Cllr Richard Crawford.

Monday 8 November
9.30-10.30am
Community Links, 105 Barking Road, E16

Please arrive promptly at the start of surgery.

Telephone surgery

Wednesday 10 November
Residents can telephone 020 3373 8444 between 9.30am and 10.30am and speak directly to the Mayor.

APPLY NOW TO PERFORM AT BLUEPRINT 2011

East London Dance (ELD) are offering young choreographers aged 16-26 the chance to showcase work at the highly acclaimed Blueprint, part of ELD's 2011 Dance Currents season.

This is a diverse platform showcasing choreographers regardless of their genre – whether hip hop, ballet, contemporary, folk or anything in between.

Deadline for entries is 26 November. For more information and to apply email blueprint@eastlondondance.org, call 020 8279 1050 or visit www.eastlondondance.org



Add some extra spice to **Your Christmas!**

Who's Crackers at the Old Town Hall

Join Theatre Venture and the Old Town Hall Stratford for a night of theatrical entertainment. Who's Crackers includes a drinks reception, three course meal, disco, competitions and novelties.

20 December to 23 December

6.30pm-1am

£37.50 per person includes a drink on arrival
Bar open all night (normal prices apply)

Special offer

There is limited availability so get in quick and book before 20 November 2010 and pay only £35 per person. Book a table for 10, hire a private room for a minimum of 35 guests or hire out the venue for 300 guests. You could even book a karaoke machine or a live band!*

Theatre Venture creates outdoor and site-specific spectacles for and with Newham and East London communities.

"Who's Crackers is the latest of our artistic collaborations with the Old Town Hall Stratford. Who's Crackers will be a hoot – a fun experience for all, to accompany the delicious culinary delights of the Old Town Hall". Gary Horsman, Executive Director, Theatre Venture

Christmas Lunch Anytime Offers

Book your Christmas lunch at the Old Town Hall Stratford.

From Monday
November 29 until
December 23 come
for a traditional
Christmas lunch

between 12noon and 2pm, Monday to Friday.
Required minimum booking: 10 people.

Price:

£14.50 for two courses

£17.50 for three courses

If you want to book a room at the Old Town Hall for a Christmas party, wedding or any celebration, then speak to one of our booking team. We can accommodate groups of 10 to 500 people.

For more details including a full menu visit **www.oldtownhallstratford.com** or call **020 3373 7033**. You can book by emailing **alison.davenport@newham.gov.uk**





Guy Fawkes Night

FREE Fireworks display

Friday 5 November

Wanstead Flats, Centre Road E7

Gates open: 6.45pm Display: 7.45pm

Event entrances on Centre Road and Dames Road (no access from Lake House Road)

No public parking; blue badge parking available before 7pm. Please use public transport.

Buses: 58, 101, 308, 328, 330, W19

Rail: Manor Park, Wanstead Park, Forest Gate

No dogs or personal fireworks including sparklers allowed on site.

Display held on soft ground.

020 8430 2000 **www.newham.com**

*Brought to you by the
Mayor of Newham*